

22.0 Intimate Care Policy

Lloyd Park Children's Charity is committed to ensuring the care and welfare of all children in line with their individual needs.

Intimate care routines are nappy changing, toileting support, changing clothes when necessary, administering first aid treatment, and providing specialist medical support. These routines are essential in ensuring children's basic needs are being met. We recognise that children require contact with familiar, consistent carers to develop confidence, self-assurance, and resilience. At times, children may need to be cuddled, encouraged, held, or provided with physical reassurance to support their emotional and physical well-being.

To preserve children's privacy and dignity, most intimate care actions will be carried out on a one-to-one basis while ensuring the child remains within sight and hearing of other staff members.

Legislation

This policy supports staff in meeting the requirements of relevant legislation, including:

- **Early Years Foundation Stage (EYFS)**
- **Special Educational Needs and Disability Act (SENDA)**
- **Disability Discrimination Act (DDA)**
- **Equality Act**

Consent and Child Participation

- Staff will seek verbal consent from the child before carrying out any tasks.
- If a child refuses, staff will use positive encouragement and interactive techniques to support the child (e.g., turning it into a fun game such as a "race to the nappy area").

- Children are encouraged to be as independent as possible, with adults providing support as and when required.

Staff Support

All staff responsible for intimate care must carry out their duties professionally and respectfully, in line with our safeguarding policies and procedures. This policy is designed to safeguard both children and staff.

The following measures are in place:

- A comprehensive induction is provided to all staff.
- A key person system promotes consistent and caring relationships between children and staff.
- All staff have an enhanced DBS check.
- Staff receive training in intimate care routines, including specialist training when required, in collaboration with multi-agency teams (e.g., Paediatric Nurses).
- Positive interactions are encouraged staff maintain eye contact and engage with the child while changing their nappy.
- If a child requires specialist care (e.g., medical support or additional assistance with intimate care), the nursery will work in partnership with parents/carers to gather relevant information.
- We follow our Safeguarding Policy, Procedures, and Whistleblowing Policy for reporting concerns to ensure the safety and well-being of all children and staff.
- Senior leaders conduct regular observations and audits to ensure best practices are maintained.
- Staff receive behaviour management training, including the appropriate use of restraint techniques if necessary (e.g., to prevent a child from harming themselves or others). Please refer to the Nursery Behaviour Management Policy for more details.

Risk Assessments and Safety Measures

- The nursery conducts regular risk assessments to identify and mitigate potential risks.

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| Policy Name | Intimate Care Policy |
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| This policy was developed by | Senior Managers |
| These people were consulted/ involved in developing the policy | Children at The Lloyd Park Children's Charity and Higham Hill Centre |
| This Policy was adopted by | Trustee Board Senior Leadership Team |
| Date | May 2025 |
| Signed | |
| Name | Bisi Oyekanmi |
| Role | Chair |
| Next Review Date | May 2026 |