

Activity Timetable

Monday

Grow Wild Climbers and Jumpers
Under 5's. 9.30 - 11.00am, £7 per child
Under 8's. 11.30 - 12.30pm, £6 per child
Under 5's. 2.00 - 3.00pm, £6 per child
Under 8's. 3.30 - 4.30pm, £6 per child

Flourish

Post-natal support group
 9.30 - 11.30am
 Online
 Invitation only

Flourish

Post-natal support group
 10.00 - 12.00noon
 Chingford Family Hub E4 6EY
 Invitation only

Under 2's Soft Play

1.30 - 3.00pm
 Chingford Family Hub E4 6EY

Child Health Clinic

9.30 - 11.30am
 Queens Road Family Hub E17 8PJ

Play and Learn Under 2s

1.00 - 2.30pm
 Queens Road Family Hub E17 8PJ

Sensory Play and Learn 0-4s

10.00 - 11.30am
 Leytonstone Family Hub - The Junction E11 4LF

Tuesday

Grow Wild Climbers and Jumpers
Under 5's. 9.30 - 11.00am, £7 per child
Under 8's. 11.30 - 12.30pm, £6 per child
Under 5's. 2.00 - 3.00pm, £6 per child
Under 8's. 3.30 - 4.30pm, £6 per child

Soft Play Session

(Birth to 4 years)
 10.00 - 11.30am
 Walthamstow Family Hub E17 5PX

Child Health Clinic

1.00 - 3.00pm
 Walthamstow Family Hub E17 5PX

Sensory Play and Learn 0-4s

10.00 - 11.30am
 Chingford Family Hub E4 6EY

You and Your New Baby

Birth to pre-crawlers, antenatal and postnatal
 1.30 - 3.00pm
 Chingford Family Hub E4 6EY

You and Your New Baby

Birth to pre-crawlers, antenatal and postnatal
 10.00 - 11.30am
 Leyton Sports Ground E10 6RJ

Flourish

Postnatal support group
 10.00 - 12.00noon
 Queens Road Family Hub E17 8PJ
 Invitation only

You and Your New Baby

Birth to pre-crawlers, antenatal and postnatal
 10.00 - 11.30am
 Leytonstone Family Hub - The Junction E11 4LF

Flourish

Postnatal support group
 1.00 - 3.00pm
 Leytonstone Family Hub - The Junction E11 4LF
 Invitation only

Wednesday

Grow Wild Climbers and Jumpers
Under 5's. 9.30 - 11.00am, £7 per child
Under 8's. 11.30 - 12.30pm, £6 per child
Under 5's. 2.00 - 3.00pm, £6 per child
Under 8's. 3.30 - 4.30pm, £6 per child

Arts and Crafts

(Birth to 4 years)
 1.30 - 3.00pm
 Walthamstow Family Hub E17 5PX

Music & Movement

(Birth to 4 years)
 1.30 - 2.30pm
 Chingford Family Hub E4 6EY

Child Health Clinic

(Birth to 4 years)
 10.00 - 11.30pm
 Leytonstone Family Hub - The Junction E11 4LF

Friday

Grow Wild Climbers and Jumpers
Under 5's. 9.30 - 11.00 am, £7 per child
Under 8's. 11.30 - 12.30pm, £6 per child
Under 5's. 2.00 - 3.00pm, £6 per child
Under 8's. 3.30 - 4.30pm, £6 per child

Sensory Play and Learn 0-4s

1.30 - 3.00pm
 Walthamstow Family Hub E17 5PX

Play and Learn 0-4's

10.00 - 11.30am
 Chingford Family Hub E4 6EY

Sensory Play and Learn 0-4's

10.00 - 11.30am
 Queens Road Family Hub E17 8PJ

Play and Learn 0-4s

10.00 - 11.30am
 Leytonstone Family Hub - The Junction E11 4LF

Thursday

Grow Wild Climbers and Jumpers
Under 5's. 9.30 - 11.00am, £7 per child
Under 8's. 11.30 - 12.30pm, £6 per child
Under 5's. 2.00 - 3.00pm, £6 per child
Under 8's. 3.30 - 4.30pm, £6 per child

Play and Learn Under 2s

9.30 - 11.00am
 Walthamstow Family Hub E17 5PX

You and Your New Baby

Birth to pre-crawlers, antenatal and postnatal
 11.15 - 12.45pm
 Walthamstow Family Hub E17 5PX

Messy Play

10.00 - 11.30am
 Chingford Family Hub E4 6EY

Child Health Clinic

1.00 - 3.00pm
 Chingford Family Hub E4 6EY

Play and Learn Under 2s

10.00 - 11.30am
 Leytonstone Family Hub - The Junction E11 4LF

All sessions are free unless otherwise stated.

For more information on Flourish, our postnatal support group please email familysupport@tlpcc.org.uk

Grow Wild is located in Lloyd Park. E17 5JW

Saturday

Family Grow Wild

Up to 8 year olds
 10.00 - 11.30
 £7 per child

Dads Club

10.00 - 11.30
 Chingford Family Hub E4 6EY